STAFF ACCOMMODATIONS HANDBOOK
OUR MISSION

The Staff Accommodations department shares with you our mission statement: safe, friendly, comfortable, affordable shared housing. This year's housing inventory offers nearly five hundred beds in a variety of settings. We hope your stay helps you to make the most of your Mammoth experience and allows you the freedom to transfer into the private housing market as you continue your employment with our company. Our service goals can only be met if you allow us to assist you, and your housing experience will be poor if you and your fellow residents do not follow the rules. Please know that we are here to help. Call us or stop by our office if we can be of assistance. Enjoy the season!

Sincerely,
Laurey Carlson
General Manager, Staff Accommodations

IMPORTANT TELEPHONE NUMBERS

Staff Accommodations Office – 760.934.3717
Mammoth Mountain Ski Area – 760.934.2571
June Mountain – 760.648.7733
MMSA Security – 760.934.0697
Mammoth Lakes Police (non-emergency) – 760.934.2011
Mammoth Lakes Fire Department – 760.934.2300
Paramedics – 760.934.6824
Sierra Park Medical Clinic – 760.934.2551
Mammoth Lakes Hospital – 760.934.3311

EMERGENCY – 911

The Staff Accommodations Office Hours vary by season. Please call for current hours of operation.

This handbook is not designed to cover or state every rule that applies to you while living within our housing. Common sense items – like not being allowed to store your motorcycle in your living room – are not listed in this document. As a general rule, a resident’s actions should be based on respect for others, the property, and the environment.
**RESIDENT “BILL OF RIGHTS”**

To ensure a positive experience for everyone, we need your support and cooperation to provide these rights:

1. Residents should be able to sleep without undue disturbance from noise.
2. Residents should have an expectation of respect and security for the person and their personal belongings.
3. Residents should have a clean environment in which to live.
4. Residents are entitled to free access to one’s room and facilities, without pressure from a roommate or others.
5. Residents are entitled to a courteous and responsive Accommodations staff to deal with problems and work towards solutions.

**NOISE & QUIET HOURS**

10PM – 8AM • 7 days per week

Mammoth Mountain has operations 24-hours a day, 7-days a week. Your roommate and/or neighbors will work many different shifts and have different sleeping hours.

Every resident is entitled to reasonable peace and quiet. To achieve a peaceful environment for the majority of residents, certain hours of quiet have been established. “Quiet Hours” are the specified times when noise is not to be heard outside of the unit from hallways, windows, or common areas.

Several of our units are privately owned condominiums or accommodations that are situated amongst other privately owned units. Residents chosen to live in these areas are subject to the rules of that complex, as well as this department and MMSA.

All residents are expected to show consideration and courtesy to fellow residents at all times.

Anyone may be asked to reduce the noise level at any time. If such a request is made, you are expected to comply immediately. If a resident makes a request for quiet that is not respected, that resident should seek assistance from the on-site Resident Assistant (RA), and if not available, the Staff Accommodations Office, MMSA Security or Mammoth Lakes Police Department, after hours.

**GUESTS & VISITORS**

Visitors are permitted between the hours of 8AM–10PM. A resident assumes all responsibility for their visitor’s behavior.

Overnight guests are not permitted in Staff Accommodations. Any resident in violation of this rule will be subject to additional charges deemed appropriate by the Staff Accommodations department, as well as disciplinary action, including license termination and/or employment termination.

Visitors under the age of 18 are not permitted on any Staff Accommodations property at any time.

Staff Accommodations has no visitor parking. Know that if your visitor is parked in your lot, they are taking up a space that someone has paid for.
PARKING

Parking is in short supply throughout all housing units. If you wish to bring a vehicle, it must be approved by Staff Accommodations during the application process. If approved, then you must purchase a $100 season parking permit and provide us with your current vehicle information in order to park your vehicle on Staff Accommodations property. This permit is only valid for parking at your specific housing location; which is the only legal way to be parked on Staff Accommodations property. It does not give nor imply any special parking privileges in any other area. Your parking permit MUST be displayed on the inside of your front windshield in the lower left-hand corner. The parking permit is non-refundable and non-transferable.

If your automobile is out of service and remains that way on Staff Accommodations property, it may be subject to towing at your expense. Staff Accommodations property may not be used for vehicle storage.

Vehicles without prior Staff Accommodations approval and parking permit are subject to towing at the owners’ expense. We have no visitor parking at any of our sites. Know that if your visitor is parked in your lot, they are taking up a space that someone paid for. Mammoth Mountain Staff Accommodations utilizes a “Vehicle Boot” to detain non-permitted vehicles on our property. There is a $75 boot removal fee. Additional offenses will be charged a $100 removal fee.

SNOW REMOVAL

Each location has a parking diagram with snow storage locations posted for you to review. These snow storage areas are No Parking zones and are strictly enforced. If you are unsure of where you may park, please contact the Staff Accommodations office. The plow operators have the authority to tow any vehicle, at the owners’ expense, that inhibits the plow operators’ ability to remove snow. As a general rule, any snowfall six inches or more will require you to move your automobile and allow for the parking lot to be cleared. Fines may be incurred by anyone who does not move their vehicle for the plow.

RESIDENT RESPONSIBILITY

All of the residents of a unit are responsible for what goes on within their unit. All residents are responsible for damage done to the common areas of their respective buildings. This is done to give every tenant a personal reason for reporting anyone seen vandalizing the property.

Residents are also responsible for the actions of their visitors (anyone at a gathering you are hosting is considered your visitor). Any damage or illegal activity that occurs in a unit for which a specific individual does not take responsibility will be considered the responsibility of ALL the residents of that unit.

Any illegal activity in a unit may result in the eviction of ALL residents of that unit.

Mini Fridges and other large appliances are not permitted in Staff Accommodations. Please utilize the refrigerators supplied to common areas.

TRASH

Please clean up after yourself. You are responsible for removing trash from your unit. Staff Accommodations provides trash removal at each and every property. If you do not know where to dispose of your trash, please contact your Resident Assistant or the Staff Accommodations Office.

There will be a $25 fine imposed on each apartment, per incident, and you will be subject to the termination of your License Agreement for trash left outside of the unit – in the hallways, laundry rooms, common areas, or community kitchen.
ALCOHOLIC BEVERAGES

The following is a list of guidelines pertaining to the use of alcohol in Staff Accommodations:

- The legal drinking age in California is 21. If you are 21 or older, you may possess and consume alcoholic beverages within your unit of Staff Accommodations, unless the property is designated as alcohol-free.
- If you are 21, State law prohibits you from providing alcoholic beverages to anyone not old enough to purchase or consume them. Roommates should be especially careful of this.
- Underage drinking is a violation of State law and will not be tolerated.
- Beer kegs, party balls, “beer bongs” or other bulk dispensers (full or empty) may not be brought into any unit of Staff Accommodations.
- Drinking games including, but not limited to, “Beer Pong” are not permitted in Staff Accommodations.
- Display of “empties” is prohibited in any Staff Accommodations unit. Please recycle your glass, cans and bottles either in the receptacles provided on site, or on your own.

SUBSTANCE ABUSE / DRUGS

The use or possession of illegal drugs, narcotics, drug paraphernalia, or controlled substances while on the job, in company vehicles, or on company property (including Staff Accommodations) constitutes grounds for disciplinary action, up to and including discharge. This also applies to the illegal sale of such. Any illegal substance found will be turned over to the appropriate law enforcement agency and could result in criminal prosecution. If illegal substances are found in any unit, all the residents of that unit may be subject to the termination of their License Agreement.

Marijuana and illegal substances are strictly prohibited in MMSA Staff Accommodations. Use and storage of the substances and related paraphernalia at Staff Accommodations will result in eviction and possible termination of employment. Mammoth is not required by law to provide reasonable accommodation to permit use of Medical Marijuana at Staff Accommodations. If you have been prescribed Medical Marijuana and wish to use it in your residence, you should not choose to live in Mammoth’s Staff Accommodations.

BEHAVIORAL PROBLEMS

Staff Accommodations is Company Property. Actions both in the workplace and in Staff Accommodations can impact your employment and/or the privileges you receive with employment. Violation of Staff Accommodations policies, company rules, and other laws may result in disciplinary action including, without limitation, loss of lift privileges, loss of friends and family points, eviction from Staff Accommodations, and/or disciplinary action up to and including termination.

Any resident who violates the rights of another resident, damages any part of an Staff Accommodations property, or violates a housing rule will be subject to the termination of their License Agreement.

During your stay, if you cause damages to MMSA properties, we will deduct the repair and/or replacement costs from your paycheck, as is authorized in the License Agreement.

If you receive any notice from Staff Accommodations, please read it carefully. We will require you to respond. If there is a complaint where the specific individual is not identified, ALL residents of the unit will receive the correspondence. Failure to respond to our notices is also grounds for the termination of your License Agreement.
SMOKING & TOBACCO-FREE POLICY

There is no smoking or vaping inside any Staff Accommodations building, unit, or common area. Hookahs and other smoking paraphernalia are not permitted on the property. Evictions will be imposed on each person smoking inside of any Staff Accommodations building.

Residents will be subject to eviction if their visitors are found smoking inside. Residents of units where cigarette butts are found thrown on the ground will be fined a charge of $25 per day for as many days as cigarette butts are found. Failure to comply with our No Smoking Policy will result in the termination of your License Agreement. MMSA's Smoke Free/Tobacco Free Policy applies as follows:

- In order to protect the health of our employees and guests from the harmful effects of secondhand smoke, the state of California Labor Code (sec. 6404.5) and MMSA prohibits smoking in all enclosed work places. “Smoking” includes the use of any tobacco products, i.e., snuff, chew, eCigs and cigarettes.

- Mammoth Mountain is a Smoke-Free Workplace. Smoking is prohibited within 20 feet of an entrance, exit, or operable window of any building at Mammoth Mountain, including Staff Accommodations.

- Employees are not permitted to smoke while in their uniform. Chewing tobacco is not allowed while on duty. Employees are required to ask people who are seen smoking in non-smoking areas to refrain from doing so and inform them of designated smoking areas.

- Employees must obey all “No Smoking” signs. Managers and supervisors shall take action with employees who continue to smoke in non-smoking areas. Employees who violate the Tobacco Free Workplace Policy are subject to disciplinary action up to and including termination.

MMSA would like to encourage those who smoke to take advantage of the Smoking Cessation Program: 800.7.NO-BUTTS (66-2887)

FIRE PROTECTION

All units are equipped with smoke detectors. These devices are provided for your protection and under NO circumstances should you tamper with them. There will be a $50 fine imposed on each apartment and you will be subject to the termination of your License Agreement if smoke detectors have been tampered with, removed, or disconnected.

All buildings are equipped with fire extinguishers as well as fire alarms. If you disable a fire extinguisher or pull a fire alarm when there is no evidence of a fire, you will be subject to a fine from the Fire Marshal and will face immediate termination of your License Agreement. Discharging a fire extinguisher without reasonable cause is a $200 fine.

No indoor or outdoor barbecuing of any kind is allowed.

Burning of candles and incense is strictly prohibited in all Staff Accommodations properties.

Blow torches and butane torches are not permitted and are strictly prohibited in all Staff Accommodations properties.
**FIREARMS**

Firearms, explosives, ammunition, or other dangerous weapons are prohibited in any part of Staff Accommodations. Weapons may include, but are not limited to: BB guns, airsoft or paintball guns, starter pistols, sling shots, martial arts devices, survival knives, etc. Pocket and fixed blade knives must have a blade no longer than 4 inches.

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**PETS**

No pets are allowed in Staff Accommodations at any time. Please inform all visitors that they must leave their pets at home. If a pet is discovered in your unit, there will be a $50 deduction made from your deposit as “cleaning beyond normal wear and tear.” Failure to remove the pet from the premises will result in the termination of your License Agreement.

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**DEPOSIT INFORMATION**

Each resident is required to pay a $50 reservation deposit during the online application process. At the time of Check-in, an additional amount of $280 is due. The amount of $300 will be held as a security deposit at the time you check into Staff Accommodations. The remaining $30 is your non-refundable processing fee.

Once you have checked out of Staff Accommodations, your unit will be inspected for damage and missing items. If you do not owe any Use Fees, have reasonably cleaned the unit, and have no damages to your unit, your deposit will be returned to you within 21 days. We cannot refund your deposit prior to or during your check-out from Staff Accommodations.

Deposit refunds may be issued to a credit card, debit card or a check can be mailed to you. Refunds cannot be issued in cash. Please make sure that you leave a forwarding address or appropriate information with the Staff Accommodations office to ensure that you receive your deposit in a timely manner. Please be prepared to have to wait for your refund check if mailing items overseas.

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**PAYROLL DEDUCTIONS**

As stated in the Staff Accommodations License Agreement, Use Fees and other items accrued during your stay can and will be deducted from your paycheck. Since you are housed for at least a full week prior to receiving a paycheck, your Accommodations account is always a week behind payroll. If the Use Fee has not been deducted from your paycheck, please contact the Staff Accommodations office immediately. In addition, the License Agreement states that the Use Fee is calculated daily. Each area varies in price. Please contact our office if you need to know your daily rate. Additional amounts may be deducted due to a backlogged deduction amount. For example, if your paycheck did not have sufficient funds to cover all Use Fees due, a backlog of Use Fees will be accrued and the system will attempt to collect what you owe. The system will never leave you with less than $50 in any one paycheck (Levy employees excluded), with the exception of your final paycheck.

You understand that it is your responsibility to review every paycheck you receive to ensure that the Use Fees are being deducted correctly. Deductions, either over or under the correct amount, must be handled through the Staff Accommodations Office. You are responsible for informing the Staff Accommodations Office if no fees have come out of your paycheck.
CONDITIONS OF ROOM/UNIT ENTRY

EMERGENCY ENTRY
Staff Accommodations officials are authorized to enter a resident’s room without prior notice in emergency circumstances, such as a fire, fire alarm, fire drill, an immediate threat to health, safety or property, a call for help, or what reasonably seems to constitute an emergency situation. Staff Accommodations will notify a member of Mammoth Mountain’s Executive Management Team and/or Human Resources of all emergency entries as soon as reasonably practicable.

COMMUNITY SERVICE
Staff Accommodations officials may enter a resident’s room to perform a community service, e.g., to turn off an unattended alarm clock or radio, to mitigate property damage, or to allow authorized designates to retrieve a resident’s belongings. In all such instances, Staff Accommodations employees will endeavor to provide advance notice of such entry via text message, email, telephone call, or posting on the residence door. It is incumbent on residents to ensure that Staff Accommodations has up to date contact information.

ROUTINE INSPECTIONS AND REPAIRS
Staff Accommodations conducts routine inspections of residents’ rooms/apartments in MMSA housing to check on violations of health and safety regulations and Accommodations rules. Routine inspections generally occur during business hours on Tuesdays and Wednesdays in a manner that will least inconvenience residents. Staff Accommodations employees will provide notice of inspection at least 24 hours prior to inspection, by email, text message, phone call, or by posting on residence door. Residents discovered in violation of health and safety regulations, company rules, or relevant laws, are subject to normal MMSA disciplinary action as appropriate. During inspection periods, resident rooms in Staff Accommodations are inspected to check heat settings, smoke detector functionality, that lights and appliances are turned off, and that windows are closed.

Following such inspections or at other times, facilities services personnel may enter resident rooms to make repairs. Facilities personnel will provide notice of planned entry at least 24 hours in advance of all non-emergency work requiring entry, either by email, text message, phone call, or posting on residence door.

Occasionally, MMSA Staff Accommodations officials may need to enter a room for reasons other than those listed in this section, such as to evaluate a room for planning purposes and space needs. In these circumstances, no less than 24-hour notice will be given, either by email, text message, phone call, or by posting on residence door, and the requester will attempt to coordinate a mutually agreeable time with the resident.

SPECIAL ROOM INSPECTION
In addition to the circumstances described above, MMSA Staff Accommodations officials may initiate entry of a room and/or a room search when there is reason to believe that a serious violation of MMSA policy has been committed and/or evidence of such may be found in a resident’s room or apartment. Searches of this nature will not be conducted without prior authorization of a member of the Mammoth Mountain Ski Area Executive Management Team and/or Human Resources department. When possible, the resident or occupants concerned and/or a witness shall be present when a room search is conducted.

NOTIFICATION OF ENTRY
Whenever a resident’s room or apartment is entered by a MMSA Staff Accommodations official to meet an emergency, to make a repair, to carry out a community service, to conduct a routine inspection, or to conduct an authorized search, a note will be left indicating the time, date, reason, and name of the MMSA Staff. Accommodations representative responsible, unless the occupant of the room is present at the time of entry.
**WI-FI / INTERNET POLICY**

The Internet is a worldwide network of computers which contains billions of pages of information. Staff Accommodations cautions its residents that many of these pages include offensive, sexually explicit, damaging, and inappropriate material.

In general, it is difficult to avoid at least some contact with this material while accessing the Internet. Even innocuous search requests may lead to sites with highly offensive content, unauthorized and damaging pop-ups and attachments. Additionally, having an e-mail address on the Internet may lead to receipt of unsolicited e-mail containing offensive and inappropriate content.

Users of the Staff Accommodations Internet do so at their own risk. Staff Accommodations is not responsible for material viewed or downloaded from the Internet. To minimize these risks, resident use of the Internet through Staff Accommodations Internet is governed by this policy.

**PERMITTED USES**

All Staff Accommodations residents have a responsibility to use the Staff Accommodations Internet in a lawful, and ethical manner. Abuse or improper use of the Staff Accommodations Internet may result in disciplinary action, including termination of your license agreement, as well as civil and criminal liability. Civil liability may include payment of damages sustained by MMSA.

Please note that the attempted illegal downloading of music, movies, television shows, etc. will cause your modem to shut down. You will need to call Staff Accommodations to have the modem reset. Two offenses will lead to the permanent disconnection of your modem. We reserve the right to remove all modems at any time.

**NETWORK USE LIMITATIONS**

**Prohibited Activities**

Without prior written permission from the Staff Accommodations General Manager, the Staff Accommodations network may not be used to disseminate, view, download, or store commercial or personal advertisements, solicitations, promotions, destructive codes (e.g., viruses, Trojan horse programs, etc.) or any other unauthorized materials.

Any use of the Staff Accommodations Internet is a privilege Staff Accommodations may grant, modify, amend, and revoke at any time.

Creating and sending Internet communications, voicemail messages, and e-mail messages which may constitute intimidating, hostile, disruptive, disparaging, unlawful, or offensive material, or violate MMSA anti-discrimination or anti-harassment policies are prohibited.

Be aware that if a resident accesses a website, the owner of that website may be able to identify MMSA’s domain name and other information about the visit. Accordingly, be aware the use of the Internet may impact MMSA’s reputation with other parties.

**Illegal Copying and Use of Software**

Residents may not copy material protected under copyright or intellectual property laws or make that material available to others for copying. All residents are responsible for complying with such laws and licenses which may apply to software, files, graphics, documents, messages, and other material the employee may wish to download or copy.

**Duty Not to Waste or Damage Staff Accommodations Network Resources**

Staff Accommodations computer network resources are not unlimited. Network bandwidth and storage capacity have finite limits, and all residents connected to the Staff Accommodations network have a responsibility to conserve these resources. As such, residents must not deliberately perform acts that waste computer resources or unfairly monopolize those resources to the exclusion of others. These acts include, but are not limited to, sending mass mailings or chain letters, spending excessive amounts of time on the Internet, playing games, engaging in online chat groups, uploading or downloading large files, accessing streaming audio or video files, or otherwise creating unnecessary loads on the network traffic.
ROOM-MOVE & CHECK-OUT PROCEDURE

ROOM MOVE PROCEDURE

In order to move from one unit to another, you must appear at the Staff Accommodations Office to make arrangements. In order for your request to be considered, you must be in good standing with the Staff Accommodations Office.

Once your request has been approved, we will give you the key to your new unit. You will have a determined amount of time to allow for the move. You must turn in the key to your old unit within the allotted time frame or you will be in violation of your License Agreement.

No room moves are allowed between December 12 and January 31 due to the large influx of new employees moving into Staff Accommodations.

Please note that no resident may move more than once per 60 days.

The fee for a single room move is $20.

CHECK-OUT PROCEDURE

To check out, remove ALL of your personal property from the unit.

Clean the unit to a reasonable standard that does not include normal wear and tear. This would include removing all trash, debris, recycling items, and anything that was not in the unit when you moved in. We will charge you reasonable labor costs to clean a unit that does not meet the “beyond reasonable wear” statute. These labor charges are $30 per hour.

After you have cleaned the unit and removed all of your personal belongings, you need to appear at the Staff Accommodations Office to return your key, parking permit (if you purchased one), and your linen packet (if you rented one) during regular business hours. We cannot know that you have vacated the property if you do not notify us. You are not considered checked-out until the Staff Accommodations Office receives your key and all of your belongings are out of the unit. If the Staff Accommodations Office does not receive your key, your Use Fees will continue to accrue.

You must come into the office and fill out the proper paperwork in order for us to stop charging you fees. Your friend, roommate, or relative may NOT do this for you. We need to have your signature on the check-out sheet.

The Staff Accommodations Office will require you to leave a forwarding address in order to return the deposit in accordance with your Staff Accommodations License Agreement.

If your employment with MMSA terminates or your License Agreement is terminated, you will have 24 hours to complete the necessary check-out procedures and vacate the unit. If you have not vacated the unit within 24 hours, you will be subject to continued Use Fees, re-key charges, and all legal ramifications. In the event that we feel the unit or its occupant’s security is at risk, we will re-key the unit and deduct the $50 re-key fee from your deposit.
ADDITIONAL RULES & REGULATIONS

Staff Accommodations may move and reassign you to another unit at the discretion of management. Please note that properties will be consolidated as needed, typically during summer. Please be prepared to relocate at the end of the winter season.

Residents and visitors are prohibited from constructing or using natural and man-made features, terrain, the buildings (stairwells, handrails, furniture, railings, balconies, or any other portion of the buildings, property, parking lots, and surrounding land) for the purpose of skiing, riding, snowboarding, sliding, etc. Residents and their visitors may not bring materials to (such as benches, rails, logs, or any other material) or construct features on Staff Accommodations property for the purpose of the above-mentioned activities. Failure to abide by this rule may result in eviction. Mammoth and June Mountain both provide professionally built and maintained terrain parks and features for your use on the hill during normal business hours. Please take advantage of these areas on the hill.

If you are evicted from Staff Accommodations, you may not visit Staff Accommodations property and/or units at any time.

RENTERS’ INSURANCE

It is highly recommended that you procure insurance to protect your belongings against fire, flood, theft, etc. Staff Accommodations accepts no responsibility for loss or damage to your personal property.

State Farm Renter's Insurance
https://www.statefarm.com/insurance/home-and-property/renters

ADDENDUM

This summary is not all-inclusive. Staff Accommodations reserves the right to add, remove or change Staff Accommodations policies or procedures with or without notice.

If you are not sure of a policy or procedure, please contact the Staff Accommodations Office and we will be happy to explain, in detail, any and all policies and procedures.
CHOOSE CIVILITY INITIATIVE

We have partnered with Mono County to promote the Choose Civility Initiative. The Goals of the campaign is to improve personal and work lives and interpersonal relationships. Mono County will be known throughout the state for its healthy, vibrant and thriving communities and citizens.

12 PRINCIPLES OF THE CHOICE CIVILITY INITIATIVE
1. Accept responsibility and be accountable
2. Think the best
3. Listen
4. Pay attention
5. Respect other people’s opinions
6. Accept and give
7. Refrain from idle complaints
8. Respect other people’s time
9. Apologize earnestly
10. Acknowledge others
11. Be caring
12. Speak kindly

NEXT STEPS
13. Raise awareness
14. Build community support
15. Become a partner
CONFIDENTIAL HEALTH & COMMUNITY RESOURCES

Are you anxious? Concerned?
Have Questions? Get the answers you need!

MONO COUNTY PUBLIC HEALTH
437 Old Mammoth Road Suite Q, Mammoth Lakes (above Giovanni’s Pizza)
760.924.1830
- HIV & STD testing / information
- Pregnancy testing
- Birth control
- Condoms
- Hepatitis A and B vaccination

MAMMOTH HOSPITAL / 24-HOUR EMERGENCY CARE
Sierra Park Medical Center
85 Sierra Park Road, Mammoth Lakes
760.934.3311 • www.mammothhospital.com
- Women’s Health Clinic
- STD testing and treatment
- Hepatitis A, B testing/immunizations
- Dental Clinic (760.924.4007)

PHARMACY / EMERGENCY CONTRACEPTION
Dwayne’s Pharmacy
644 W. Line Street, Bishop
760.872.2522

Vons Pharmacy
481 Old Mammoth Road, Mammoth Lakes
760.934.4337

Rite Aid
26 Old Mammoth Road, Mammoth Lakes
760.934.8561

SMOKING CESSATION
California Smoker’s Helpline
1.800.NOBUTTS or 760.924.4621
If you can’t breathe, nothing else matters!
Quit with help.

24-HOUR CRISIS CENTER
Wild Iris
WildIris@wild-iris.org
- Domestic violence
- Crisis counseling
- Child abuse
- Sexual assault
- Info and referral services

Bishop
150 N. Main Street, Bishop
760.873.6601

Mammoth Lakes
625 Old Mammoth Road #201, Mammoth Lakes
760.934.2491

COUNSELING & REFERRAL SERVICES
Eastern Sierra Family Resource Center
625 Old Mammoth Road, Mammoth Lakes
760.924.5998
- Resources and referral
- Individual and family counseling
- Life skills and parenting groups
- All services in Spanish & English

Mono County Mental Health
425 Old Mammoth Road, 3rd Floor, Sierra Center Mall, Mammoth Lakes
760.924.1740
- Counseling and referrals
- Alcohol and drug addiction
- Depression
- ADD / ADHD
- Suicidal thoughts
- Stress and anxiety